

Affiliated with Tongji University · Individual package details

Men's Select 03

同济大学附属上海市第十人民医院 · 男士精选套餐03

US\$852 USD per person · examinations and included services

Included in this price / 费用包含

- Every examination listed below. 下列套餐检查项目。
- MyChinaCheckup appointment coordination. MyChinaCheckup预约协调。
- Dedicated English accompaniment throughout the check-up. 全程英文陪诊。
- Hospital-issued Chinese report and complete English translation. 医院中文报告及完整英文翻译。

The hospital provides medical care and determines clinical suitability. MyChinaCheckup provides arrangements, appointment coordination and English accompaniment.

医疗服务由医院提供。MyChinaCheckup提供体检安排、预约协调和英文陪诊。

Independent lists: Select 03 does not include the urine biochemistry panel listed in Basic 01 and Advanced 02. Higher price does not mean every lower-priced item is included.

Complete bilingual examination list

Panel components are retained in Chinese source wording. Exact assays and examination protocols require hospital confirmation. No missing or alternative examination has been added.

Examination and scope	Chinese source wording
Clinical assessment	
Blood pressure, pulse, height, weight and BMI	一般项目：血压、脉率、身高、体重、体重指数
Internal medicine, surgical, eye, ENT and oral examinations Clinical examinations; specialist treatment is not listed.	一般检查：内科、外科、眼科、五官科、口腔科
Compilation, analysis and assessment of check-up findings	总检：资料汇总、分析、评估、工本
Laboratory tests	
Complete blood count	血常规
Routine urinalysis	尿常规

Examination and scope	Chinese source wording
Liver function panel Panel composition must be confirmed by the hospital; no total test count is asserted.	肝功能：ALT、TBIL、DBIL、ALP、GGT、AST、TP、ALB、GR
Kidney function panel Urea nitrogen, creatinine and uric acid; the source also lists cystatin C.	肾功能：尿素氮、肌酐、尿酸、胱蛋白酶抑制剂C
Homocysteine	同型半胱氨酸
Lipid panel Exact panel composition requires confirmation. The source abbreviation DHL is retained without substituting another test.	血脂：TCH、TG、DHL、LDL、APOA、APOB、APOE、LP (A)
Fasting blood glucose and glycated haemoglobin (HbA1c)	空腹血糖、糖化血红蛋白
Quantitative faecal occult blood test	粪潜血定量检测
Tumour-marker panel The source abbreviation CA-211 and exact panel composition require confirmation. Marker results do not by themselves diagnose or rule out cancer.	肿瘤标志物：AFP、CEA、CA-199、CA242、CA50、SCC、CA-211
PSA and free PSA Interpretation and suitability are determined by the hospital.	PSA、F-PSA
Thyroid function and antibody panel Source abbreviations are retained; the hospital confirms the exact assays.	甲状腺功能：FT3、FT4、TSH、TT3、TT4、TMAB、TGAB、TPOAB、TRAB
Trace elements: lead, zinc, copper, cadmium, manganese, iron, calcium and magnesium	微量元素：铅、锌、铜、镉、锰、铁、钙、镁
Pepsinogen I and II, and blood gastrin Gastrin subtype is not specified.	胃蛋白酶原检测I+II、胃泌素（血）
Cardiac blood-marker panel Includes the source-listed natriuretic marker, LDH, creatine kinase and its isoenzyme test. Exact natriuretic-marker and isoenzyme assays require hospital confirmation.	脑钠素、乳酸脱氢酶、肌酸激酶、肌酸激酶同工酶
Rheumatoid factor, antistreptolysin O, complement C3 and C4	类风湿因子、抗“O”、补体C3、补体C4
Ultrasound	
Abdominal colour ultrasound: liver, gallbladder, spleen, pancreas and kidneys	彩色B超：腹部（肝、胆、脾、胰、肾）
Thyroid colour ultrasound	彩色B超：甲状腺
Carotid ultrasound	颈动脉B超
Prostate, ureter and bladder colour ultrasound	彩色B超（男）：前列腺、输尿管、膀胱

Examination and scope	Chinese source wording
Imaging and functional tests	
Electrocardiogram (ECG)	心电图
Chest CT	胸部CT
Dose, contrast protocol and acquisition details are not specified in the source. Confirm suitability and preparation with the hospital.	
Lung function test	肺功能检测
Arterial vascular function test: ankle-brachial index	动脉血管功能检测（踝臂指数）
Bone density measurement	骨密度
Measurement method and body site are not specified.	
Laboratory tests	
Blood 25-hydroxy vitamin D	血25羟Vit-D
Imaging and functional tests	
Echocardiography	心超
Helicobacter pylori breath test	幽门螺杆菌呼气
The source does not specify C13 or C14. Confirm the method, pregnancy suitability and preparation with the hospital.	

Before your appointment

Clinical suitability, availability, preparation, the centre entrance and report timing are confirmed before booking. An enquiry does not reserve an appointment. Tell the hospital about pregnancy or possible pregnancy and relevant clinical history before CT, breath testing or intimate examinations.

Additional tests, treatment, medicines, transport and accommodation require separate arrangements and prices. Read the [cancellation and refund policy](#), [service terms](#) and [privacy policy](#).

预约时间、检查适用性、准备事项、集合地点及报告时间须事先确认。套餐外检查、治疗、药物、交通及住宿需另行确认安排和费用。

The supplied tables contain inconsistent panel counts and unclear abbreviations. Lipid and tumour-marker panel composition (including source abbreviations DHL and CA-211 where listed) requires hospital confirmation. No total test count is asserted.

原表部分子项数量与缩写存在不一致，须由医院确认具体组成；不据此补加项目或替换为其他检查。

Package details:

mychinacheckup.com/cities/shanghai/hospitals/tenth-peoples/packages/men-3/

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Version: 15 October 2026. Source table C, men column. The USD total is taken directly from the supplied document; it is not a conversion of the photographed hospital RMB price.