

SANYA · NEW CAMPUS, BUILDING B · INDIVIDUAL PACKAGE DETAILS

Men's Selected 03

三亚市中医院 · 新院区B栋健康管理中心

US\$489 USD · per person · examinations and included services

Four services included in this price

- **All listed check-up tests:** The examinations and consumables expressly listed for your selected package, with its eligibility conditions.
- **Personalized VIP coordination:** Individual appointment planning, visit coordination and support through report delivery.
- **Dedicated English-speaking accompaniment throughout your check-up:** A dedicated English-speaking companion supports you throughout your hospital check-up visit.
- **Hospital-issued Chinese report + full English translation:** Your hospital's original Chinese report and complete English translation, delivered within 3–5 working days after all examinations listed in your confirmed check-up package are completed.

Extra tests, treatment, medicines, transport and accommodation are not included unless expressly listed in your written plan; separately priced additions require your approval.

Routine check-ups usually take 2–3.5 hours on site. Extra imaging, procedures or consultations can take longer or require another appointment. The hospital-issued Chinese report and complete English translation are delivered within 3–5 working days after all examinations listed in your confirmed check-up package are completed.

Each package has its own examination list. A higher price does not mean every lower-priced test is included. The hospital confirms clinical suitability.

Complete examination list

69 listed examinations and other included items. Adult men

Examination / item	Chinese name	Notes
Clinical examinations		
Blood pressure	血压	Included.
Internal medicine examination	内科检查	Included.
Physical examination — surgery department	外科检查	Included.
External eye examination	外眼	Included.

Examination / item	Chinese name	Notes
Ear, nose and throat examination	耳鼻喉检查	Included.
Basic oral examination	口腔基础检查	Included.
Blood, urine and stool tests		
Complete blood count with five-part differential	血常规（五分类）	Included.
Routine urinalysis	尿常规	Included.
Liver and related blood tests		
Alanine aminotransferase (ALT)	谷丙转氨酶（ALT）	Included.
Aspartate aminotransferase (AST)	谷草转氨酶（AST）	Included.
Gamma-glutamyl transferase (GGT)	γ-谷氨酰基转移酶（GGT）	Included.
Alkaline phosphatase (ALP)	碱性磷酸酶（ALP）	Included.
Total bilirubin (T-BIL)	总胆红素（T-BIL）	Included.
Direct bilirubin (D-BIL)	直接胆红素（D-BIL）	Included.
Indirect bilirubin (I-BIL)	间接胆红素（I-BIL）	Included.
Cholinesterase (CHE)	胆碱酯酶（CHE）	Included.
Total bile acids (TBA)	总胆汁酸（TBA）	Included.
Total protein (TP)	总蛋白（TP）	Included.
Globulin (GLB)	球蛋白（GLB）	Included.
Albumin (ALB)	白蛋白（ALB）	Included.
Prealbumin (PAB)	前白蛋白（PAB）	Included.
Lipase (LPS)	脂肪酶（LPS）	Included.
Monoamine oxidase (MAO)	单胺氧化酶（MAO）	Included.
Kidney function		
Serum urea (UREA)	血清尿素（UREA）	Included.
Serum creatinine (CR)	血清肌酐（CR）	Included.
Serum uric acid (UA)	血清尿酸（UA）	Included.

Examination / item	Chinese name	Notes
Blood glucose and lipids		
Fasting blood glucose (FBG)	空腹血糖（FBG）	Follow the hospital's fasting instructions.
Total cholesterol (TC)	总胆固醇（TC）	Included.
Triglycerides (TG)	甘油三酯（TG）	Included.
HDL cholesterol (HDL-C)	高密度脂蛋白胆固醇（HDL-C）	Included.
LDL cholesterol (LDL-C)	低密度脂蛋白胆固醇（LDL-C）	Included.
Apolipoprotein A-I (ApoA-I)	载脂蛋白AI（APO-AI）	Included.
Apolipoprotein B (ApoB)	载脂蛋白B（APO-B）	Included.
Apolipoprotein A-I / B ratio	载脂蛋白A1/载脂蛋白B	Included.
Apolipoprotein E (ApoE)	载脂蛋白E（APO-E）	Included.
Free fatty acids (FFA)	游离脂肪酸（FFA）	Included.
Breath test		
Carbon-13 urea breath test	C13呼气试验	Follow the hospital's preparation instructions.
Thyroid function		
Thyroid-stimulating hormone (TSH)	促甲状腺激素（TSH）	Included.
Triiodothyronine (T3)	三碘甲腺原氨酸（T3）	Included.
Thyroxine (T4)	甲状腺素（T4）	Included.
Minerals and electrolytes		
Iron	铁	Included.
Calcium	钙	Included.
Magnesium	镁	Included.
Potassium	钾	Included.
Sodium	钠	Included.
Chloride	氯	Included.
Phosphorus	磷	Included.

Examination / item	Chinese name	Notes
Tumour markers		
Alpha-fetoprotein (AFP)	甲胎蛋白 (AFP)	Included.
Carcinoembryonic antigen (CEA)	癌胚抗原 (CEA)	Included.
Total prostate-specific antigen (T-PSA)	前列腺特异性抗原 (T-PSA)	Included.
CA 19-9	糖类抗原199 (CA199)	Included.
CA 125	糖类抗原125 (CA125)	Included.
CA 15-3	糖类抗原153 (CA153)	Included.
Heart assessment		
Electrocardiogram (ECG)	心电图检查 (ECG)	Included.
Ultrasound examinations		
Liver colour Doppler ultrasound	肝脏彩超	Included.
Gallbladder colour Doppler ultrasound	胆脏彩超	Included.
Spleen colour Doppler ultrasound	脾脏彩超	Included.
Pancreas colour Doppler ultrasound	胰脏彩超	Included.
Both kidneys — colour Doppler ultrasound	双肾彩超	Included.
Bladder colour Doppler ultrasound	膀胱彩超	Included.
Ureter colour Doppler ultrasound	输尿管彩超	Included.
Thyroid colour Doppler ultrasound	甲状腺彩超	Included.
CT examinations		
Chest CT (lungs)	胸部CT (肺部CT, 不出片)	Printed film is not included. The hospital confirms suitability.
Head CT	头颅CT (不出片)	Printed film is not included. The hospital confirms suitability.
Other assessments		
Traditional Chinese medicine constitution assessment	中医体质辨识	Assessment only; no treatment course is included in this item.

Examination / item	Chinese name	Notes
Other included items		
Breakfast	营养早餐	The menu depends on the day's arrangements.
Blood-collection consumables	采血耗材	Included.
Summary check-up report	总检报告	Included.
Disposable consumables	一次性耗材	Included.

Planning your visit

Location: Health Management Centre, New Campus, Building B, 305 Xinfeng Street, Jiyang District, Sanya, Hainan. Use the exact floor, entrance and meeting point in your appointment confirmation.

海南省三亚市吉阳区新风街305号，三亚市中医院新院区B栋健康管理中心。

Reserve now. Pay in full before your check-up. For ordinary check-ups, payment can be made after arrival in China and must be completed before the first examination begins. Any hospital-required advance payment is explained and agreed before you accept the plan and confirm your booking.

After accepting the plan, share the hospital-required booking details privately. You receive written appointment confirmation after the hospital confirms, and review and sign your service agreement. An enquiry is free and does not confirm an appointment.

Your completion signature records the examinations and accompaniment actually completed and any pending items. It does not confirm report receipt or waive complaints or refund rights.

For amounts already paid: cancel at least 48 hours before the appointment for a full refund. With less notice, only actual non-refundable provider costs already incurred are deducted. One complimentary reschedule is available, subject to availability and disclosed third-party costs. [Full cancellation and refund policy](#).

Package and enquiry: mychinacheckup.com/cities/sanya/hospitals/sanya-traditional-chinese-medicine/packages/men-3/

Contact: hello@accesschinamed.com