

SHANGHAI · XUHUI · INDIVIDUAL PACKAGE DETAILS

Men's Basic 01

上海仁爱医院 · 体检中心

US\$322 USD · per person · examinations and included services

Four services included in this price

- **All listed check-up tests:** The examinations and consumables expressly listed for your selected package, with its eligibility conditions.
- **Personalized VIP coordination:** Individual appointment planning, visit coordination and support through report delivery.
- **Dedicated English-speaking accompaniment throughout your check-up:** A dedicated English-speaking companion supports you throughout your hospital check-up visit.
- **Hospital-issued Chinese report + full English translation:** Your hospital's original Chinese report and complete English translation, delivered within 3–5 working days after the listed package examinations are completed.

These four services are included in the price of your selected, confirmed package. Extra tests, treatment, medicines, transport and accommodation are not included unless expressly listed in your written plan; separately priced additions require your approval.

Clinical services are delivered by the hospital. VIP describes MyChinaCheckup's personal coordination and accompaniment; it does not promise a hospital VIP ward or priority queue.

Independent package: Advanced and Select do not contain every item in lower-priced options. Choose by the actual examinations. The hospital advises individual suitability.

Complete examination list

Examination / item	Chinese name	Notes
General and internal medicine 内科		
General assessment (blood pressure and BMI)	一般检查	Included.
Internal medicine examination	内科	Included.
External physical examination 外科		
Lymph nodes	淋巴结	Included.
Thyroid	甲状腺	Included.

Examination / item	Chinese name	Notes
Spine	脊柱	Included.
Anorectal examination 肛肠科		
Digital rectal examination	肛门指诊	Included.
Eye examination 眼科		
Visual acuity	视力	Included.
Colour vision	辨色力	Included.
Slit-lamp examination	裂隙灯	Included.
Ophthalmoscopy / fundus examination	眼底镜	Included.
Ear, nose and throat examination 耳鼻喉科		
Ear canals	内外耳道	Included.
Nasal cavity	鼻腔	Included.
Throat	喉部	Included.
Tuning-fork hearing test 音叉检查		
Hearing assessment	听力	Included.
Oral and dental examination 口腔科		
Oral cavity and teeth	口腔、牙齿	Included.
Low-dose CT 低剂量CT检查		
Chest	胸部	Included.
C14 urea breath test C14呼气试验		
Helicobacter pylori test	幽门螺旋杆菌	Included.
Bone density 骨密度检测		
Bone-density / osteoporosis assessment	骨质疏松	Included.
Colour ultrasound 彩超		
Liver	肝脏	Included.
Gallbladder	胆囊	Included.
Spleen	脾脏	Included.

Examination / item	Chinese name	Notes
Pancreas	胰腺	Included.
Both kidneys	双肾	Included.
Thyroid	甲状腺	Included.
Prostate	前列腺（男）	Included.
Electrocardiogram 心电图		
12-lead ECG	心脏十二导联心电图	Included.
Complete blood count (23 indicators) 血常规（23项）		
White blood cell count	白细胞	Included.
Granulocyte percentage	粒细胞比值	Included.
Lymphocyte percentage	淋巴细胞比值	Included.
Monocyte percentage	单核细胞比值	Included.
Eosinophil percentage	嗜酸粒细胞比值	Included.
Basophil percentage	嗜碱粒细胞比值	Included.
Absolute granulocyte count	粒细胞绝对值	Included.
Absolute lymphocyte count	淋巴细胞绝对值	Included.
Absolute monocyte count	单核细胞绝对值	Included.
Absolute eosinophil count	嗜酸细胞绝对值	Included.
Absolute basophil count	嗜碱细胞绝对值	Included.
Platelet count	血小板	Included.
Mean platelet volume	血小板平均体积	Included.
Platelet distribution width	血小板分布宽度	Included.
Large platelet ratio	大血小板比率	Included.
Red blood cell count	红细胞	Included.
Haematocrit	红细胞压积	Included.
Haemoglobin	血红蛋白	Included.
RDW-CV	红细胞分布宽度CV	Included.
RDW-SD	红细胞分布宽度SD	Included.

Examination / item	Chinese name	Notes
Mean corpuscular volume	红细胞平均体积	Included.
Mean corpuscular haemoglobin	平均红细胞蛋白含量	Included.
Mean corpuscular haemoglobin concentration	平均红细胞蛋白浓度	Included.
Urinalysis 尿常规		
Specific gravity	比重	Included.
pH	PH值	Included.
Nitrite	亚硝酸盐	Included.
Urine protein	尿蛋白	Included.
Glucose	葡萄糖	Included.
Occult blood	潜血	Included.
Urine bilirubin	尿胆红素	Included.
Urobilinogen	尿胆原	Included.
Ketones	尿酮体	Included.
Leukocyte esterase	白细胞脂酶	Included.
Epithelial cells (microscopy)	上皮细胞（镜检）	Included.
Casts (microscopy)	管型（镜检）	Included.
Red blood cells (microscopy)	红细胞（镜检）	Included.
White blood cells (microscopy)	白细胞（镜检）	Included.
Clarity	透明度	Included.
Colour	颜色	Included.
Vitamin C	维生素C	Included.
Blood glucose 血糖		
Fasting blood glucose	空腹血糖	Included.
Glycated haemoglobin 糖化红蛋白		
Glycated haemoglobin (HbA1c)	检测糖化血红蛋白	Included.
Lipid panel 血脂检查		
Triglycerides	甘油三酯	Included.

Examination / item	Chinese name	Notes
Total cholesterol	胆固醇	Included.
HDL cholesterol	高密度脂蛋白	Included.
LDL cholesterol	低密度脂蛋白	Included.
Non-HDL cholesterol	非高密度脂蛋白-C	Included.
Apolipoprotein A1	载脂蛋白A1	Included.
Apolipoprotein B	载脂蛋白B	Included.
ApoA1/ApoB ratio	载脂蛋白A1/B	Included.
Lipoprotein(a)	脂蛋白 (a)	Included.
Liver function 肝功能		
Alanine aminotransferase (ALT)	丙氨酸氨基转移酶 (ALT)	Included.
Aspartate aminotransferase (AST)	门冬氨酸氨基转移酶 (AST)	Included.
Alkaline phosphatase (ALP)	ALP碱性磷酸酶	Included.
Gamma-glutamyl transferase (GGT)	r-谷氨酰转移酶	Included.
Total bilirubin	总胆红素	Included.
Direct bilirubin	直接胆红素	Included.
Total protein	总蛋白 (TP)	Included.
Albumin	白蛋白 (ALB)	Included.
Globulin	球蛋白 (GLO)	Included.
Albumin/globulin ratio	白球比值 (A/G)	Included.
Prealbumin	前白蛋白	Included.
Renal function 肾功能		
Uric acid	尿酸	Included.
Creatinine	肌酐	Included.
Blood urea nitrogen	尿素氮	Included.
Thyroid function 甲状腺功能		
Triiodothyronine (T3)	血清三碘甲状腺氨酸测定 (T3)	Included.

Examination / item	Chinese name	Notes
Thyroxine (T4)	血清甲状腺素测定 (T4)	Included.
Thyroid-stimulating hormone (TSH)	血清促甲状腺激素测定 (TSH)	Included.
Cardiac enzyme panel 心肌酶谱检查		
Creatine kinase	磷酸肌酸激酶	Included.
Creatine kinase isoenzyme test	肌酸激酶同工酶	Included.
Lactate dehydrogenase	乳酸脱氢酶	Included.
Alpha-hydroxybutyrate dehydrogenase	α-羟丁酸脱氢酶	Included.
Blood viscosity 血粘度检查		
Whole-blood viscosity at shear rate 200	全血粘度切变率200	Included.
Whole-blood viscosity at shear rate 30	全血粘度切变率30	Included.
Whole-blood viscosity at shear rate 5	全血粘度切变率5	Included.
Whole-blood viscosity at shear rate 1	全血粘度切变率1	Included.
Plasma viscosity	血浆粘度	Included.
Haematocrit	红细胞压积	Included.
Whole-blood high-shear relative index	全血高切相对指数	Included.
Whole-blood low-shear relative index	全血低切相对指数	Included.
Whole-blood low-shear reduced viscosity	全血低切还原粘度	Included.
Whole-blood high-shear reduced viscosity	全血高切还原粘度	Included.
Red-cell deformability index	红细胞变形指数	Included.
Red-cell rigidity index	红细胞刚性指数	Included.
Red-cell aggregation index	红细胞聚集指数	Included.

Examination / item	Chinese name	Notes
Erythrocyte sedimentation rate 血沉检查		
Erythrocyte sedimentation rate at one hour	检测红细胞1小时沉降速度	Included.
Tumour-marker panel 肿瘤筛查		
Alpha-fetoprotein (AFP)	甲胎蛋白 (AFP)	Included.
Carcinoembryonic antigen (CEA)	癌胚蛋白 (CEA)	Included.
CA19-9	胰腺肿瘤抗原 (CA199)	Included.
CA125	卵巢肿瘤抗原 (CA125)	Included.
Prostate-specific antigen (PSA)	前列腺肿瘤抗原 (PSA)	Included.
CA50	糖蛋白抗原 (CA50)	Included.
CA72-4	胃癌抗原 (CA724)	Included.

Planning your visit

Check-up centre: 111 Caoxi Road, Xuhui District, Shanghai. 上海市徐汇区漕溪路111号。Use the entrance and meeting point in your appointment confirmation. The main hospital (135 Caoxi Road) and international department (127 Caoxi Road) are different locations.

Appointment time, preparation and clinical suitability are confirmed before booking. The hospital-issued Chinese report and complete English translation are delivered within 3–5 working days after all examinations listed in your confirmed check-up package are completed. An enquiry does not reserve an appointment. Travel, accommodation, medicines, treatment and examinations outside this package are not included.

Read our [cancellation and refund policy](#), [service terms](#) and [privacy policy](#) before booking.

Package and enquiry:

mychinacheckup.com/cities/shanghai/hospitals/renai/packages/men-1/

Contact: hello@accesschinamed.com